

Journal Prompts to Embrace My Inner Goddess

How does my inner goddess reveal herself to me? What does she desire to wear? What fragrances and colours resonate with her? How do her energies and essence move through me? In what ways does she whisper her truth to me? Do I honor her gentle (and not so gentle) requests? What language does she speak? (poetry, song, etc.) How does my inner goddess desire to spend her time? Where does she long to go or be? *In what ways can I nurture my inner goddess? In what ways can I nourish my inner goddess?* In what ways can I pamper and worship her? What does my inner goddess wish me to know? What wisdom does she try to share with me? What lessons does she ask me to learn? What gifts can I offer unto her? What blessings does she offer unto me? What element most resonates with my inner goddess? What does she find beautiful, sacred, and meaningful? Make a list of ways to please my inner goddess...